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Patient Update 8/15/2016

Mr. Jay Mitchell

LUMINEC LIFE SCIENCES HEALTH AND WELLNESS CLINICS

8/15/16

Patient: Jay Mitchell

Re: Status Update

Current diagnosis: Primary Lateral Sclerosis, Restless Leg Syndrome, Genetic Torsion Dystonia.

Mr. Mitchell presented to me in early 2015, by Mr. John Everding, one of the co-founders' of Luminec Life Sciences. He had been diagnosed originally in 2009 with Parkinson's Disease. He subsequently underwent brain surgery, but that was ineffective. The diagnosis turned out to be incorrect. He has been seeing a neurologist and taking some medications, but not seen much improvement and was stagnant or worsening over time, as is the nature of this disease. PLS usually only affects one side of the body, in this case, Mr. Mitchell's right side is affected.

What is Primary Lateral Sclerosis (PLS)? It is a disease that causes weakness in the voluntary muscles, such as those you use to control your legs, arms, and tongue. It is a type of motor neuron disease that causes muscle nerve cells to slowly break down, causing weakness. Balance and coordination over time also become an issue and patients can have injuries from falls, etc.

It progresses more slowly than ALS (Lou Gehrig's) and usually is not fatal. The medical community does not know why patients get this disease, and is not considered hereditary. Our opinion is that some type of virus or pathogen invades the body and causes damage to the nervous system. There may also be genetic components.

In late 2015, after obtaining our specific diagnostic testing, we put him on a specific diet and nutritional regimen, that was customized using the functional testing. The tests we ran included, a thorough blood panel with CBC, metabolic panel, and several others. We also ran a specific red blood cell fatty acid analysis through John's Hopkins University. We obtained IgG with compliment to review potential food allergens, and potential stressors on the immune system, and GI. We analyzed the neurotransmitters, amino acids, and hormones as well from Sabre Sciences in Carlsbad, CA. He was given a customized regimen of nutraceuticals, along with our proprietary products Triamino and Tafa400. These products were used orally, and in a nebulizer. This was a 3-6-month plan to prep his body for the introduction of stem cells, and to enhance the stem cell procedure, as well as provide healing and a way to slow down the progression, and hopefully restore lost function, or even perhaps try to reverse it in some way.

In Late 2015 and through the spring of 2016 he underwent 3 separate stem cell procedures using a new technology involving the use of a laser to activate and enhance the stem cells, as well as to act as a "homing beacon" for lack of a better term, to influence the stem cells to be attracted to the area of interest, and to stay there. He has had 2 of these with an IV and then directing the cells to various regions of the brain, and one direct injection into the spine itself.

The results have been very impressive to say the least. I attended the first session and assisted the stem cell Dr. as we placed the laser beam over the brain and posterior upper cervical region. Prior to this first procedure, he had a positive Babinski reflex indicating an upper motor lesion. Five minutes after the stem cell procedure was finished, the reflex had vanished, as if the motor neurons were functioning more normal. We had already started to influence the nerve tissue within the brain and the central nervous system, as well as in the peripheral nervous system. His gait was actually improved within an hour or less of this first procedure.

According to the neurologist's report in March of 2016, Mr. Mitchell subjectively reported the following: *Since stem cell treatments began (including the use of Tafa and Triamino, and supportive nutrition....) he has noticed more movement in some right digits, improvement in balance and ability to use other muscles in right arm, rather than relying on shoulder to right upper extremity movement. No new falls, except one due to falling asleep, usually occurs once every 6 months. He felt he could move more confidently without the cane.*

The neurologist also noted an increase in muscle tone of the right pectoralis musculature, which is a good sign.

Below is a summary of the motor strength as tested by the neurologist. The first 2 were pre stem cell, and the March test was done after 3 stem cell treatments.

MUSCLE	1-16-12015	Grade (0-5)	12/2/2015	Grade 0-5	3/21/2016	Grade 0-5	
Upper extremity Right	2		1				
Right Deltoid	0						
Right Biceps	0		2				
Right Finger Extensors	0				0		
Right Interossei	0		0				
Right Finger Flexors	0						
Right Triceps			2		3		
Right Wrist Extensors			2				Red
Sitting Right Shoulder Flexion			1				yellow
Sitting Right Triceps			2				green
Sitting Right Wrist Extensors			0				
Sitting Interosseous Right			0				
Right Pectoralis					4		
Right Trapezius					3		
Right Ankle Extensors	1						
Right Ankle Flexors	1						
Right Iliopsoas (L2-3)	4				3		
Right Quadriceps (L3-4, femoral n)	4				5		
Right Hamstrings (L5-S1, Sciatic n)	3				4		
Right Tibialis Anterior (I4-5, peroneal n)	2				2		
Right Inversion - Tibialis Posterior (L5-S1, Tibial n)	2				3		
Right Eversion - Peroneus Longus (L4-5, Peroneal n)	2				3		
Right Gastroc Soleus (S1-2, Tibial n)	3				3		
Right Hip Abductor Gluteal					4		
Right Hip Adductor Obturator					5		

Muscle Strength Grading Scale	
0 - no movement	
1 - minimal contraction/ no movement	
2 - active movement w gravity eliminated	
3 - movement against gravity only	
4 - Movement against gravity with some resistance	
5- Movement against gravity with full resistance	
Red	value decreased
yellow	value stayed same
green	value increase

As noted above, of the 13 muscle groups re-tested, 54% of the groups improved, and 31% maintained. Any improvement in muscle strength with this syndrome is an indicator that it is not progressing as fast, and in some areas actually showing improved function, or a slight reversal.

As of August 2016, the patient has stated that in the last few months he has not been taking any Tafa or Triamino. He has changed his diet somewhat and not doing much in the way of nutrition. He feels an increased soreness in his legs. Although the balance and mobility are still much improved compared to when we started, it has regressed slightly in the last 2 months. If real active he gets occasional fatigue, but overall has a lot more energy and people who see him

say he looks great. He stated frankly that when he was doing our protocols with the nutrition and the Tafa, etc., that was when he felt his best.

We recently re-tested his neurotransmitters and amino acids, and have now updated the protocols and he will again resume our protocols along with another round of 3-6 months on the Tafa and Triamino products. Along with the anti-inflammatory and anti-microbial qualities, these products help a dysfunctional cell to function better, without any harm to normal cells. It is considered as safe as distilled water. If you want to learn more about these products, our website has a lot of great information. (www.Lumineclifesciences.com).

I believe that the results of the combination treatments using our protocols, and combined with the innovative stem cell laser therapy that was used in Baja, Mexico has provided this patient with a remarkable improvement, and to date we consider the union of these two therapies extremely successful, and expect more improvements to come in the future for this patient as he continues to pursue additional stem cell treatments, and utilize our customized programs for health and wellness.

Dr. Randall Davis, DC, CCST, CEO of LLS Health and Wellness Clinics.

Jay Mitchell Treatment Narrative

HISTORY

In late 2007, I began to notice some stiffness and limited range of motion in my right arm. After several sessions with my chiropractor failed to produce improvement, she suggested that I visit an orthopedic surgeon, thinking the problem might have been in my back. The orthopedic surgeon, as is their tendency, found some things in my x-ray that, he thought, could be corrected by surgery. But, at the last minute, he suggested that I consult with a neurologist just to be sure.

The neurologist had me walk around, wiggle my fingers and toes, follow his finger, and goodness knows what else – and said to me, flatly, “You have Parkinson’s.” He went on to explain that I had a very rare case, shared by only about 5% of all Parkinson’s patients, where there are no tremors. He promptly put me on the “gold standard” drug for the disease, Levodopa, which is so potent that frequent kidney analyses are required, and the side effects, over time, can kill you.

After a few weeks of taking Levodopa, it was apparent that the drug was not having any effect. At that point, the neurologist suggested brain surgery to implant electrodes that would stimulate the production of the missing ingredient, dopamine, which was causing all the problems in the first place.

So, in September 2008, I underwent the brain surgery. But it, too, turned out to be ineffective.

At that point, the neurologist declared that I did not in fact have Parkinson’s, but rather a condition called Primary Lateral Sclerosis, or PLS. PLS is like a second cousin to Parkinson’s – essentially the same cause, with a different effect.

Here is what I wrote in my blog (www.jaymitchell.com) in May 2015:

In the ensuing years, I gradually lost all functioning in my right arm – it hangs limp at my side, dead weight – moving my right leg is an effort; I have “drop foot” on my right foot, necessitating the use of an ankle-foot orthotic (AFO); my left leg is stiffer than usual; I walk with a cane or, for long distances, ride in a scooter; my sleep patterns are all screwed up; I can’t sit upright for long stretches of time, and standing is even more difficult; my balance is shot; I frequently experience lower back pain because of the way I walk; I experience pain in my upper right shoulder pretty much all the time because of the weight of the right arm; and I fatigue easily.

I see the neurologist twice a year for a perfunctory five-minute fly-by, but there is nothing he can do for me other than chart the progress of the disease. In his world, what I have cannot be treated, medicated, or cured.

NEW HOPE

Meanwhile, I was referred to the National Veterans Rights Association for a project to develop a new website, and in December 2014, I made the telephone acquaintance of John Everding, a cofounder of that organization. John and his associates were pleased with my work, and we launched the new website in January 2015.

In early February, John and I met for the first time. He later told me that when he first saw me – with the symptoms as I described above – he vowed to do everything in his power to “fix me.” That vow launched me on, to use one of John’s favorite words, an extraordinary journey.

John introduced me to Dr. Randall Davis, a Chicago-based practitioner who had me do a series of five separate tests of my blood, saliva and urine. The analysis of those tests led to a very strict regimen of diet and nutraceuticals, centered on the core products of the Luminec Corporation (John’s “real job” is cofounder of that company), formulations called TAFA 400™ and Tri-Amino™. (For more information, visit www.lumineclifesciences.com.) Many of the tests and supplements came from Sabre Science, a 17-year-old company that specializes in endocrine testing and support.

All of this was to bring about optimum balance and health, and to prepare my system to get the most out of a series of stem cell procedures.

As a result of the program prescribed by Dr. Davis, I experienced improvements in sleep habits, energy, balance and mental clarity. I also enjoyed significant weight loss, reversing the ballooning that had taken place over many years of reduced activity.

Then, beginning in September 2015, I began a series of stem cell treatments. The introduction was made possible by Mr. Rick Episcopo, CEO, Dir., Luminec Life Sciences, administered by Todd Ovokaitys, MD, a world-renowned pioneer in laser-guided stem cell therapy. After my first treatment, I noticed better balance and more fluidity in my movements. More significantly, I was able to flex fingers on my heretofore mostly useless right hand.

I kept my neurologist up to date on what I was doing, and, being quite open-minded and above all concerned for the welfare of his patients, he listened with great interest. Prior to my third treatment, in March of this year, he conducted a very thorough analysis my physical abilities, including balance and strength.

My third treatment, unlike the other two, involved injecting the stem cells directly into my spinal fluid, which would have the effect of delivering those cells more directly and efficiently to the brain, where they would do the most good. The results were immediate and dramatic: I will be able to move my right arm (ever so slightly) from the elbow, and I experienced much better balance and ease of movement.

Even better news was in store for me when I visited my neurologist shortly after that treatment. He saw significant and dramatic improvement in the measurements taken: whereas before he was measuring strengths of 0 or 1 (on a scale to 5), now he was finding 2s and 3s, and even a 4. I'll never forget his parting words to me that day: "Well, I don't have any bad news for you today. I don't have any neutral news for you today. In fact, I actually have some good news..." It seemed to require a great deal of effort for him to admit that this somewhat offbeat (for now) treatment was having positive effects on a condition that is considered by the medical community to be progressive and incurable.

I continue to improve steadily, thanks to the combination of my diet/nutraceutical regime organized by Dr. Davis, and the stem therapy administered by "Dr. Todd." I am no doctor, but it is apparent to me that the key factor in my improving health is the diet and supplements; alone, they have done wonders, and there is no doubt that without them the stem cell treatments would be less effective.